

# Sexual Harm Resource Guide

## On-Campus Resources

**Students Against Sexual Harm** is an organizing collective, made up primarily of Bryn Mawr students who are shifting the culture of how we respond to sexual harm by facilitating peer/community networks of support. Contact SASH at [SASHBMC@gmail.com](mailto:SASHBMC@gmail.com), or call the voicemail (484) 380-5415 and leave a message. Calls returned within 3 days.

**Closed Group for Folks who've Experienced Sexual Harm** a supportive community space that is closed & confidential. Group meets weekly to talk about how our days are going; as well as share the deeper feelings and realities that come with having survived or experienced sexual harm. Email [are@brynmawr.edu](mailto:are@brynmawr.edu) for more info.

**Health Center and Counseling Service** 610-526-7360

**ProtoCall** for counseling emergencies when the Health Center is closed 610-526-7778

**Title IX Coordinator**, Stephanie Nixon 610-526-6571 [titleix\\_coordinator@brynmawr.edu](mailto:titleix_coordinator@brynmawr.edu)

**Office of the Dean of the Undergraduate College** 610-526-5375

**Campus Safety** 610-526-7911

## Local Off-Campus Resources

**Montgomery County Victim Services** (610-277-5200) has crisis-intervention counselors who are able to explain procedures and answer questions you may have. A 24-hour hotline is available for anyone with questions or concerns about sexual assault, or who would like to speak to a crisis counselor.

**Women's Center of Montgomery County** (1-800-773-2424) has a 24/7 hotline. The Women's Center of Montgomery County is a volunteer, community organization with a primary focus on freedom from domestic violence and other forms of abuse.

**Bryn Mawr Hospital** 130 South Bryn Mawr Avenue Bryn Mawr, PA 19010. General Information # 484.337.3000.

**Lower Merion Police Department** 610-642-4200 or 911

## **PHILADLPHIA RESOURCES:**

### **Hotlines:**

#### **Crisis:**

##### **Rape Crisis Hotline: 215-985-3333**

Can connect you to free counseling

##### **Domestic Abuse Hotline: 866-723-3014 (866-SAFE-014)**

This number is a universal line that is “staffed” by a number of different organizations that provide services for folks who are experiencing domestic violence – including Women Against Abuse, Congreso, Lutheran Settlement House, & Women in Transition. Out of all of these organizations Women Against Abuse provides most of the emergency shelter for women experiencing D.V. who want to leave. Hotline workers *should* safety plan with everyone who calls the line – this means making a plan that assesses personal safety and provides short and long-terms coping mechanisms to increase safety, even while still in a violent situation.

If you are looking for crisis shelter because of domestic violence, this is the number to call, but note that the Philadelphia shelters are frequently full. If so, keep calling. They track how often people call as part of how they assess where on the waitlist individuals are placed. I would caution that the hotline workers (who are almost everyone's first point of contact to get into shelter) are inconsistent --some are less helpful and can be rude. However, some are incredibly helpful and the key is to keep calling so that if you are looking for shelter the folks working the hotline know how dire of a situation it is.

The shelter in Philly does not take men and that includes trans-men. The Philly shelter will sometimes put men who are survivors up in a hotel, but that is a very short term solution and they will also not offer it up without a lot of advocacy.

##### **Girls and Boys town National Hotline 1-800-448-3000**

24 hours/ 7 days per week (try this out)

One of hopeline's agencies, short term crisis line can provide support if suicidal, or just talk to a person in need

##### **Philadelphia/ Bala Cynwyd : Contact Carelines 215-879-4402, 610-649-5250**

11 am- 7 pm/ 7 days per week (try this out)

These numbers are busy or unanswered at times because service provided is a “talk line”, where people can call (daily if needed) to talk and receive support

### **Sexual Health Hotlines:**

**CHOICE hotline, which is a reproductive / sexual health education / referral hotline.**

**General Hotline: 215-985-3300; For Teens: 1-800-84-TEENS; For HIV/AIDS Info: 1-800-662-6080; For Maternal, Child and Family Health: 215-985-3301**

They're also the state HIV/AIDS factline. They seem to know a lot about where to get sexual health-related services affordably and they also do referrals for general health care & other social services.

**Women's Medical Fund Helpline: 215-564-6622**

Can help people living in or having an abortion in Southeastern PA pay for an abortion if they can't afford one. You have to call and leave a message with: your name and how to spell it, phone number, age, weeks of pregnancy if you know, your appointment date. They call you back (using a code name for safety).

### **Organizations that works with People who Cause Harm/Act Abusively:**

**MENERGY:** English 215-242-2235 Spanish: 267-625-6135.

Provides counseling, anger management classes and batterer intervention services for men and women who emotionally and/or physically abuse their partners

### **Mental Health:**

**Y-HEP Trauma Therapy Program, 215-564-6388**

Free individual therapy for youth (ages 13-24), and also some therapy groups. Y-HEP therapists specialize in working with youth who have histories of childhood sexual, physical, or emotional abuse. Queer and trans-competent.

**WOAR rape crisis center, 215-985-3333**

Free individual and group counseling for anyone who has experienced sexual assault/abuse (at any point in the past) - open to all ages and genders.

**Philadelphia Mental Health Center; 1235 Pine Street, Philadelphia; 215-735-9379** St.

Elizabeth's Wellness Center, 1845 N. 23rd St., Philadelphia. Free services with limited walk ins available. They provide: Health clinic services, Mental Health Services, Substance Abuse and Recovery Support, Children's Programs, Care Coordination Services, Emergency Food Pantry

**Mazzoni Open Door, 21 South 12th Street, Philadelphia; 215-563-0663** ext. 248

Open to LGBTQIA people. Connects you with counselor who will work with you on on-going basis; also runs various groups. Often has 2-3 month waitlist.

Mazzoni Health Center, 809 Locust St (215-563-0658) also has sliding-scale medical care, sexual health, and mental health services. Wed 5pm -7 pm are youth drop-in hours (ages 14-24).

**Therapy Center of Philadelphia, 1315 Walnut Street, Suite 1004, Philadelphia; 215-567-1111**

Open to self-identified women (and maybe some other genders?). Connects you with a counselor who would work with you on an on-going basis. Sliding fee-scale; takes most insurance providers and Medicaid

## **Crisis Centers:**

### **Mobile Crisis—Mental Health Crisis line: 215-685-6440**

Part of the City of Philadelphia's Behavioral Health System. They respond only within the City of Philadelphia and often take a really long time to come out. They will talk to someone about their options unless they think someone is a danger to themselves or others. They do have the power to 302 (involuntarily commit) people, but they more often talk people down from trying to commit themselves.

### **Philadelphia Suicide and Crisis Center 215-686-4420**

Crisis and suicide intervention line- assesses acuity of situation and provides recommendations for next step, can also arrange for on site intervention by mobile crisis team who can evaluate, refer, transport to CRC, and help family/ friends initiate 302 process if appropriate. *If you don't want them to do anything intrusive, just don't tell them where you are; you can always not give them your name.*

## **Medical Resources:**

Jefferson Hospital Sexual Assault Center 215-955-6840  
For medical evaluation and treatment following assault

Episcopal Hospital Rape Crisis Center 215-427-7287  
Also for medical evaluation and treatment following assault  
Free Health Clinics in Philadelphia

[http://www.phila.gov/health/services/Serv\\_MedicalCare.html](http://www.phila.gov/health/services/Serv_MedicalCare.html)

They require you to prove that you live in the city of Philadelphia. If you don't have an ID that says your Philadelphia address, bring an official piece of mail that says your name and your address.

## **Sexual Health:**

**Planned Parenthood Centers:** Provides a variety of sexual health services. Provides abortions, but not always the best option for this. They can be very crowded and things feel rushed all the time. Sometimes they will refer patients to Women's Medical Fund and NAF (national abortion federation) to figure out their own funding, which can be frustrating and time consuming. An accessible places to get the morning after pill and birth-control for sliding scale.

**Elizabeth Blackwell Health Center; 1211 Chestnut Street, Suite 405,  
Philadelphia; 215.496.9696**

**Locust Street Health Center; 1144 Locust Street, Philadelphia; 215-351-5560**

**Castor Ave. Health Center; 8210 Castor Ave, Philadelphia; 215-745-5966**

**Far Northeast Health Center; 2751 Comly Road, Philadelphia; 215-464-2225**

**Yeadon Health Center; 605-607 Cedar Ave, Parkview Shopping Center,  
Yeadon; 620-626-9482**

**Camden Center; 317 Broadway, Camden; 856-365-3519**

**Philadelphia Women's Center, 777 Appletree St, Philadelphia, PA 19106 215 574-3590** <http://www.philadelphiawomenscenter.com>.

**Northeast Women's Center, 2751 Comly Road, Philadelphia, PA 19154, 215-464-2225** Website: <http://www.northeastwomenscenter.com>

**Washington West Project; 1201 Locust Street, Philadelphia; 215-985-9206**  
Free, confidential rapid HIV testing and confidential STI (sexually transmitted infection)

**Mazzoni Center, 809 Locust St, Philadelphia; 215-563-0658**  
Sliding scales services for LGBTQIA people including medical and mental health services.

**OSH/Public City Homeless Shelters:**

**Appletree Center** (Intake: Women & Families)  
1430 Cherry Street  
Philadelphia, PA 19102  
(215) 686-7150

**Ridge Avenue Shelter** (Intake: Men)  
1360 Ridge Avenue  
Philadelphia, PA 19123  
(215) 236-0909